



**RGDA Gracie Jiu Jitsu St. Louis**



# **MISSOURI STATE BRAZILIAN JIU-JITSU CHAMPIONSHIPS**

Presented by Grappling Concepts

**SATURDAY AUGUST 1, 2009**



**Location: Liberty Christian  
Address: 402 North Service Rd.  
Wright City, MO 63390  
Cost: \$70 for 1 div. \$80 for Both**

Weigh-in starts at 8:00 a.m. ends at 9:30 a.m.  
Event will begin at 10:30 a.m.

Classes for both Gi and No gi are the same  
-150, -160, -170, -180, -195, -215, over 215

#### **Gi**

- White belt under 6 months  
(if you wrestled do not enter this class)  
Sandbaggers will be disqualified!
- White belt over 6 months
- Blue Belt
- Purple belt and Above
- Masters Division in all belts
- Womens Division

#### **No Gi**

- Under a Year
- 1-3 years

Rules are standard Naga No gi rules and IBJJF rules for the gi. So if you haven't been to an event yet please visit [www.nagafighter.com](http://www.nagafighter.com) and [www.ibjjf.com](http://www.ibjjf.com).

If you have any questions e-mail me at [grapplingcnpts@aol.com](mailto:grapplingcnpts@aol.com) or call 636-614-9498.  
Thanks for supporting jiu-jitsu in the Midwest. See ya on the mat.

[www.GrapplingConcepts.com](http://www.GrapplingConcepts.com)