

**OCTOBER 2<sup>ND</sup> - 4<sup>TH</sup>, 2009**



# **RGDA 2009 CAMP**



**Training 2 times per day**



**All lodging, training and food are included**

**Camp cost is \$450.00**  
(please include t-shirt size with payment)



**Contact JW at (636) 614-9498 or email him at [grapplingcnpts@aol.com](mailto:grapplingcnpts@aol.com)**



**Visit the website for more information**  
[www. grapplingconcepts.com](http://www.grapplingconcepts.com)